

@THE CRIB



GET YOUR COFFEE FIX!

TUESDAY'S & THURSDAY'S
12:30PM- 1:30PM

OPEN DISCUSSIONS AROUND:

- LIFE DURING THE COVID 19 PANDEMIC
- WILL YOU BE GETTING THE COVID 19 VACCINE?
- FAMILY LIFE - PARENTING - MENTAL HEALTH
& MORE..

Coffee, Tea, Biscuits & Cake will be available

Donation's welcome :)

HACKNEY
GI❤ING